

# Park Meadows Surgeons Perform 100th DIEP Flap Breast Reconstruction Procedure

Park Meadows Cosmetic Surgery is one of the most experienced practices in offering DIEP Flap procedures, one of the most advanced types of breast reconstruction surgery.

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Leading Colorado plastic surgeons Dr. Jeremy Williams and Dr. Christopher Williams have performed their 100th successful DIEP Flap breast reconstruction procedure, it was announced today by Park Meadows Cosmetic Surgery. According to the American Society of Plastic Surgeons, less than 4,500 DIEP Flap procedures were performed in the U.S. last year. With 100 successful DIEP Flap procedures performed, Park Meadows Cosmetic Surgery is among the most experienced practices in the nation offering this advanced breast reconstruction technique.

DIEP Flap (Deep Inferior Epigastric Perforator) breast reconstruction is a complex and innovative technique that uses the patient's own tissue and skin to reconstruct a natural-looking breast. With DIEP Flap reconstruction, the surgeon employs muscle-sparing and nerve-sparing techniques to limit damage to donor sites. Because abdominal muscles are left intact, patients can avoid the prolonged abdominal weakness that may result from other flap techniques, while benefitting from a quicker recovery time after surgery. Additionally, the removal of skin and fatty tissue during a DIEP Flap procedure results in a flatter abdomen for the patient, similar to a tummy tuck procedure.

Park Meadows surgeon Dr. Jeremy Williams said, "According to the American Cancer Society, there are more than 2.5 million breast cancer survivors living in the United States. For those women considering breast reconstruction after mastectomy, the DIEP Flap procedure is an excellent option that provides long-lasting, natural-looking results, without muscle weakness at the donor site."

In addition to DIEP Flap breast reconstruction, the Park Meadows surgeons also have the expertise and advanced technology necessary to provide a full range of complex breast reconstruction techniques, including the Superficial Inferior Epigastric Artery (SIEA) Flap procedure, which can further limit surgery to the patient's abdominal wall. While similar to the DIEP Flap procedure, the SIEA Flap procedure uses blood vessels found in the fatty tissue just below the skin, rather than blood vessels that are below or within the abdominal muscle. Only a small percentage of patients have anatomy that will support a SIEA Flap procedure, but Park Meadows surgeons have been able to perform four SIEA Flap procedures this year.

Dr. Christopher Williams said, "Breast Cancer Awareness Month ended in October, but the realities of breast cancer remain an ongoing, year-round concern for millions of American women and their loved ones. Park Meadows Cosmetic Surgery is proud to be at the forefront in offering the most advanced breast reconstruction options available, including DIEP Flap, SIEA Flap, SCIA Flap, TUG Flap, SGAP Flap, nipple-sparing breast reconstruction, and areola tattooing. At Park Meadows, we're dedicated to helping women choose the breast reconstruction option that's best for them."

For further information about Park Meadows Cosmetic Surgery or breast cancer reconstruction options, visit <http://www.parkmeadowscosmeticsurgery.com> or call 303-706-1100.

## About Park Meadows Cosmetic Surgery

Park Meadows Cosmetic Surgery has played an important role in serving women with breast cancer in the Colorado region. Park Meadows Cosmetic Surgery co-founded the Rocky Mountain Center for Breast Surgery, which focuses on providing education and compassionate patient care. Additionally, Park Meadows surgeons were the first in Colorado to offer the innovative bilateral DIEP Flap breast reconstruction procedure. With three experienced and respected surgeons – Dr. Randolph Robinson, Dr. Jeremy Williams, and Dr. Christopher Williams – Park Meadows is committed to providing a full range of state-of-the-art plastic surgery and reconstructive procedures together with unparalleled patient care.